

# Choose Your Own Adventure

GREENVILLE  
UNIVERSITY



This year we are excited to offer you, our new students, the opportunity to tailor your NSO experience in a way that serves you! Multiple members of our faculty and staff will be available to share tips and tricks that can help alleviate some of the stresses you may be facing. During the “Choose Your Own Adventure” sessions, you can select from the following options:

 = offered both Sunday & Monday

 = only offered Sunday

 = only offered Monday

## Men's Soccer Game *FREE T-SHIRTS*

**WHEN & WHERE:** Sunday, 2:30PM @ the Soccer fields (*shuttles available*)

**WHAT:** The stadium lights flicker on, the crowd hums with energy, and the players take the field. Every pass, every sprint, every goal pulls you deeper into the action. And the best part? You could walk away not just with memories but with a free t-shirt—your badge of honor for being part of the game.

## Equine Center Hangout

**WHEN & WHERE:** Sunday, 2:30PM–4:15PM @ GU Equestrian Center (*shuttles available, Address: 1325 Iron Gate Trail Road*)

**WHAT:** Head out to the barn and meet some of our friendliest “teammates.” From majestic horses to playful cats and loyal dogs, the animals are always ready for a pat, a scratch, or even a cuddle. Fuel your body, clear your mind, and maybe even make a furry friend or two.

## Resource Mapping *with Bre Burkle*

**WHEN & WHERE:** Sunday & Monday, 2:30PM @ The HUB Classroom

**WHAT:** Imagine standing at the edge of a vast forest—you know what you need, but where do you begin? Bre hands you a map, showing hidden trails to tools, people, and support you didn’t even know existed. Suddenly, the forest doesn’t feel overwhelming—it feels full of possibility. Join this adventure to chart your own path and unlock the resources that can help you thrive.

## Juggling Like a Pro *The Art of Balance (Time Management) with Roy Mulholland*

**WHEN & WHERE:** Sunday & Monday, 2:30PM @ the Library Classroom

**WHAT:** Three balls fly through the air. Then four. Then five. You watch in awe as Roy effortlessly keeps them moving, each catch and toss a metaphor for life’s competing priorities. In this adventure, you’ll learn not just how to juggle (yes, actually juggle!) but also how to keep school, work, and life in balance. Can you master the art of timing, rhythm, and focus before the balls hit the ground?

## The Gullies Nature Walk *with Nathaniel Brown*

**WHEN & WHERE:** Sunday & Monday, 2:30PM @ HUB Lobby

**WHAT:** Join Nathaniel Brown on this mindful walk through the Gullies – a Greenville favorite. This walk offers a chance to reconnect with yourself, recharge your energy, and return with a clearer, more relaxed state of mind.

## Journaling *with Kellie Pryor*

**WHEN & WHERE:** Sunday & Monday, 2:30PM @ HUB Conference Room

**WHAT:** The blank page waits. Pen in hand, you’re invited into a private world where your thoughts, dreams, and questions find a home. Kelli will show you how journaling isn’t just about writing—it’s about discovery, reflection, and sometimes even healing. Each word becomes a step on your journey, each page a record of growth. Are you ready to explore the story only you can write?

## Charting New Paths *with Elliott Renfroe*

**WHEN & WHERE:** Sunday & Monday, 2:30PM @ HUB 3rd Floor

**WHAT:** This workshop, tailored to first generation college students, will inspire confidence and give you the tools you need to succeed at GU!

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## Nutrition Workshop *with Scott Voyles*

**WHEN & WHERE:** Sunday & Monday, 2:30PM @ Upper Union

**WHAT:** Learn simple, practical tips for eating well during your time here at GU. This workshop will cover smart choices in the dining hall, quick dorm-friendly meals, and how to keep your energy up for classes, sports, and campus life.

## Class Schedule Tours *with Enrollment Staff*

**WHEN & WHERE:** Sunday, 2:30PM @ the Joy House

**WHAT:** Walk around campus with a member of our admissions team! They will show you where your classrooms are located and can help you feel ready to take on your first semester at GU!

## Women's Volleyball Game *FREE T-SHIRTS*

**WHEN & WHERE:** Sunday, 6:30PM @ HJ Long Gymnasium

**WHAT:** The gym is electric, the volleyball sails high, and the team dives, spikes, and blocks with unstoppable energy. Each rally feels like a heartbeat, quickening with the roar of the crowd. Come ready to cheer, support, and celebrate—and score a free t-shirt that proves you were part of the action.

## Movie Night @ The Globe

**WHEN & WHERE:** Sunday, 6:30PM @ The Globe Theater

**WHAT:** See a FREE movie (Freakier Friday @ 6:45PM or Sketch at 7PM) at The Globe Theater with your new classmates! No need to buy tickets beforehand – just show up for a good time!

## Rec Sports

**WHEN & WHERE:** Sunday, 6:30PM @ the Sand Volleyball courts, the Rec Center, or University Hall

**WHAT:** Get moving and meet new friends with casual games of sand volleyball (sand volleyball courts), basketball (the Rec Center), and pickleball (University Hall). All skill levels are welcome—whether you're here to compete or just have fun, it's a great way to connect and burn off some energy during orientation.

## Lake Day @ Bond County Lake

**WHEN & WHERE:** Monday, 2:30PM @ Durley Camp/Bond County Lake

**WHAT:** Hang out with fellow students at the Bond County Lake! Enjoy boat tours, kayaking, canoeing, swimming, crafting, nine square basketball and more! End your afternoon with some ice cream and snacks while taking in the lovely views.

## Wellness Wheel *with Kristie Vitaoe*

**WHEN & WHERE:** Monday, 2:30PM

**WHAT:** Discover how to take care of your whole self—mind, body, and spirit—while you're at GU. Learn tips and gain insight on how you can stay healthy in every area of your life!